

Military Time Conversion			
Reg.	Mil.	Reg.	Mil.
12:00 AM	0000	1:00 PM	1300
1:00 AM	0100	2:00 PM	1400
2:00 AM	0200	3:00 PM	1500
3:00 AM	0300	4:00 PM	1600
4:00 AM	0400	5:00 PM	1700
5:00 AM	0500	6:00 PM	1800
6:00 AM	0600	7:00 PM	1900
7:00 AM	0700	8:00 PM	2000
8:00 AM	0800	9:00 PM	2100
9:00 AM	0900	10:00 PM	2200
10:00 AM	1000	11:00 PM	2300
11:00 AM	1100	12:00 Midnight	2400
12:00Noon	1200		

12 Midnight – when used at the beginning of a shift it is considered 0000, when used at the end of a shift it is considered 2400.